

EWMHS Covid-19 A&E Diversion for GP's & GP Surgeries in Essex

Planning on sending a young person from your surgery or home to A&E for mental health concerns?

Is there a physical health need?

Yes

Only send a young person to the local A&E **if they require** physical health **treatment** for **overdose or self-harm**

No

Do not send young people to A&E because of thoughts of self-harm or suicide / disclosing recent attempts / feeling low or hopeless.
For young people presenting with no physical health treatment need see below

Phone the corresponding team covering the local A&E who will be able to advise you of where to direct the young person and form a plan to see them

Southend & Basildon A&E

07790 570735

PAH & Broomfield A&E

07970 157174

Colchester A&E or UTC

07790 570746