

...on the Summer bank holiday weekend

GP opening hours

Call **111** to access the out-of-hours service (between 6.30pm and 8am weekdays and all day at weekends or bank holidays).



Weekend and bank holiday appointments at our hubs

GP and nurse appointments on **Saturdays, Sundays** and **bank holidays** can be pre-booked via your own GP practice, or by calling one of the hubs on the day.

Patients registered with any practice in **Castle Point and Rochford**:

(Appointments are available between 9am and 3pm)

- Audley Mills Surgery, 57 Eastwood Road, Rayleigh SS6 7JF (01268 740501)
- Hawkesbury Road Surgery, 1A Hawkesbury Road, Canvey SS8 0EX (01268 682303)

Patients registered with any practice in **Southend**:

(Appointments are available between 10am and 3pm)

- Southend Medical Centre, 50-52 London Road, Southend SS1 1PR (01702 333298)
- North Shoebury Surgery, Frobisher Way, Shoeburyness SS3 8UT (01702 297976)



when it's less urgent than 999

Free to call and available 24/7

Dental emergency?



Call **111** and you will be directed for emergency treatment where necessary.

Feeling low?

www.therapyforyou.co.uk: A range of therapies and online courses.

Children's mental health services:

0300 300 1600

9am-5pm, Monday to Friday.

www.kooth.com: Free, anonymous support for young people.

Make the most of your pharmacist

Your local pharmacist does more than dispense medicine. They can offer medical advice on a range of common conditions including coughs and colds, aches and pains and minor injuries.

Bank Holiday Monday — 27 August 2018

Opening hours

Bridgwater Pharmacy	84 Bridgwater Drive, Westcliff SS0 0DH	9am to 3pm 4pm-6.30pm
Tesco Pharmacy	Prince Avenue, Westcliff SS0 0JP	9am to 6pm
Haveela Pharmacy	North Road Primary Care Centre, Westcliff SS0 7AF	9am to 6pm
Boots Pharmacy	179-181 Hamlet Court Road, Westcliff SS0 7EL	10am to 4pm
Longthornes	5 West Road, Westcliff SS0 7EL	9am to 1pm 2.15pm-6.15pm
Longthornes	779 London Road, Westcliff SS0 9SU	9am to 1pm 2pm-6.15pm
Boots Pharmacy	The Royals Shopping Centre, Southend SS1 1DE	10am to 5pm
Lloyds Pharmacy	Sainsbury's, 45 London Road, Southend SS1 1PL	10am to 4pm
Queensway Pharmacy	61 Southchurch Road, Southend SS1 2NL	9am to 6.30pm
Southchurch Pharmacy	535 Southchurch Road, Southend SS1 2PN	9am to 6pm
Howells & Harrison	235 Woodgrange Drive, Southend SS1 2SG	9am to 1pm 2pm-6.30pm
Bansals Pharmacy	178 The Broadway, Thorpe Bay SS1 3ES	9am to 7pm
Boots Pharmacy	Victoria Shopping Centre, Southend SS2 5SA	10.30am to 4.30pm
Morrisons Pharmacy	Western Approach, Eastwoodbury Lane SS2 6SH	10am to 4pm
Asda Pharmacy	North Shoebury Road, Shoeburyness SS3 8DA	9am to 1pm 2pm-6pm
Rochford Pharmacy	33 West Street, Rochford SS4 1BE	8am to 10.30pm
Nutan Pharmacy	456 Ashingdon Road, Rochford SS4 3ET	9am to 7pm
Boots Pharmacy	77-79 High Street, Rayleigh SS6 7EJ	10am to 4pm
Hambro Pharmacy	53A Hullbridge Road, Rayleigh SS6 9NL	10am to 4pm
Cartwright's Pharmacy	298 Kiln Road, Thundersley SS7 1QT	9am to 6pm
Daynite Pharmacy	261 London Road, Hadleigh SS7 2BN	10am to 11pm
Morrisons Pharmacy	175 London Road, Hadleigh SS7 2RB	10am to 4pm
Asif's New Pharmacy	249-251 London Road, Hadleigh SS7 2RF	8.30am to 4pm
Rishi Pharmacy	84 Hart Road, Thundersley SS7 3PE	8.30am to 6.30pm
Lloyds Pharmacy	Sainsbury's, 21 Stadium Way SS7 3UB	10am to 4pm
Boots Pharmacy	33-37 Furtherwick Road, Canvey SS8 7AG	10am to 4pm
Derix Pharmacy	1065 London Road, Leigh-on-Sea SS9 3JP	8am to 11pm

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