

# SOUTHEND, ESSEX & THURROCK (SET) TRANSFORMING CARE PARTNERSHIP NEWS

Issue One

Our programme of work has been operational for a year now and in many respects we have achieved a significant amount. This newsletter provides some examples of the success we have had, including:

- Putting in place a broad range of co-production and engagement processes and forums across both Children and Adult communities
- Resettling 20 people back into the community all of whom had been in hospital for longer than 12 months; one who had been in hospital for over 20 years
- Commissioning a new community forensics service to support people in the community who present a risk of re-offending
- Successfully securing more than £2m of capital (against a national pot of £20m) that we have started to invest into targeted and bespoke independent housing arrangements for people being discharged from Mental Health (MH) beds
- Securing £1m+ of one-off revenue funding from NHS England (against a pot of £18m over 2016/17 and 2017/18).



We have also run two very informative and helpful market engagement sessions with health and care providers. The plan remains to run a procurement process that will start towards the end of 2017 to secure a new contract for the provision of specialist health services across the SET Partnership.

The past 12 months have also reinforced that we have much more to do. For example whilst we have successfully discharged 30 people from MH institutions, we have also had 12 new admissions into hospital for people aged between 16 and 25. This indicates that there is more to do, in particular around how younger people are best supported when they are at risk of developing behaviours that challenge.

Whilst there remains much to be done, I remain confident we have the right team and the right plans in place to transform the services and deliver the improved outcomes that people with learning disabilities (LD) and/or Autism deserve. As part of delivering the work, continued close working with all stakeholders remains critical and I would welcome input from parents/carers and providers alike to support us in the next phase of the work. The contact details are included later in this newsletter.

**Simon Leftley, Chair, SET Transforming Care Partnership**

# SOUTHEND, ESSEX & THURROCK (SET) TRANSFORMING CARE PARTNERSHIP NEWS

## Our Vision

We aim to make improvements to the care culture for people with a learning disability and/or autism. We want to change what and the way in which services are delivered and build the right community-based health and care services to support people with a learning disability and/or Autism; we want people to lead active lives in the community and live in their own homes, just as their non-disabled peers and other citizens expect to. We want to develop these services working in partnership with the people who use them, their carers and families.

---

## Contact Us

An important part of this project is the ability of service users and their families to offer their views. During September and October there is a particular focus on the views of parents of children with LD and/or Autism who have experienced crises in particular in relation to Mental health, Health or care needs. Below are the details you may use to contact the Transforming Care Partnership team.

Name: Paul Ilett

Email: [paulilett@nhs.net](mailto:paulilett@nhs.net)

Tel: 01702 313690

Web: <http://bit.ly/essexcare>

## Co-production

One of the Transforming Care Programme's key ambitions is to fully engage people using services and their family. It is very important to get them involved in all aspects of defining, designing and delivering future care and support services – what we call “co-production”.

Across Southend, Essex and Thurrock we have set up a number of co-production and engagement forums. We refer to these groups as “Experts by Experience Reference Groups”. One such group is focused on the needs of adults with learning disabilities together with their family members/carers, with members from both sub-groups.

The co-chairs of this group, David Cope and Robert Estabrook, also attend the SET Executive Partnership Board. They represent the views of the group at the decision-making level and ensure that that the people they represent remain a central focus of the project at all times. David said: “It is a privilege to have been asked to lead the engagement of this group as co-chair, and it is a responsibility that I take very seriously.”

The group has already been working with the SET project team for nearly 2 years – as the group was originally brought together following the publication of the national services model in October 2015. Together, they have focused activities such as defining what is important to people who use learning disability services and their families, defining the measures used to monitor performance and how quality of services will be judged to be a success, and designing how people might best move through those services.

In addition, separate reference groups have been established for Adults with autism who do not have a learning disability together with their family members/carers, and also for children with a learning disability and/or autism together with their family members/carers.

## The national perspective: extra funding announced

Patients with a learning disability, Autism or both are set to benefit from over £10 million of investment by NHS England to help them lead more independent lives, closer to their friends and family. Across Southend, Essex and Thurrock we have been successful in winning £675,000 of this funding – one of only 14 Partnerships nationally that have been successful. Jane Cummings, Chief Nursing Officer for England and Chair of the Transforming Care Delivery Board, said: “Local health and social care leaders continue to make good progress in developing and implementing their plans to provide the kind of joined-up, responsive services needed by people with a learning disability, autism or both.”

Across Southend, Essex and Thurrock, the funds are to be invested into two services, namely

- A community forensics service
- An enhanced social worker provision to support discharge planning for the most complex individuals.

These services are critical to providing the right expertise and support to ensure that people can be discharged safely and confidently into Community placements. Across Southend, Essex and Thurrock, this funding is on top of the fact that we were successful in 2016 in winning £330,000 in revenue funding from NHS England and then £2million of capital funding from the Department of Health. The funding awarded helps financially to manage some of the transition costs in transforming the system.

“Thanks to efforts so far”, said Jane Cummings, “we’ve already seen a 13 per cent fall in the number of people inappropriately in inpatient settings across England – people who instead are now able to get better, more personal home-based support. This next wave of funding will see even more people and families benefit, and we will continue to back the most ambitious and credible plans from local areas over the next two years.”

## Some examples of Good Practice

A key element of our work has been to identify best practice guidance and models in terms of support for people with LD and / or Autism and who may have behaviours that challenge. Attached below are two links to some of the examples that have been identified – we propose to share others through these newsletters as we identify and consider them. These may prove helpful to service providers to consider how they comply/meet these standards. It may also be helpful for service users to consider your own environment in light of these standards and may be helpful to use in partnership with your providers to collaboratively agree the best support for yourself / your relatives.

- The National Service Model for Adults with LD and / or Autism – <https://www.england.nhs.uk/wp-content/uploads/2015/10/service-model-291015.pdf>
- Paving The Way – good practice guidelines for services for children with behaviours that challenge - <http://www.challengingbehaviour.org.uk/learning-disability-files/Paving-the-Way.pdf>.