Southend University Hospital NHS
NHS Foundation Trust

CHALLENGING CANCER TOGETHER

Find out more about cancer and how to reduce your risk, supporting somebody affected by cancer, eating well, the benefit of exercise, emotional health

TUESDAY 12 JULY 2016
10:00am – 1:00pm
St Luke's Church, St Luke's Road,
Southend SS2 4AB
Refreshments and lunch included

WE ARE MACMILLAN.
CANCER SUPPORT

For further information please contact the Macmillan Information & Support Centre
01702 385101
macmillan.centre@southend.nhs.uk