

Castle Point and Rochford Clinical Commissioning Group

Agenda Item 21.0d

Commissioning Reference Group Meeting

**Notes of meeting
held on**

**11 March 2014, 6.00pm at Tyrells Health Centre, 39 Seamore Avenue, Benfleet,
Essex SS7 4EX**

Present:

CCG: Kevin McKenny (KMc)
Dr Kashif Siddiqui (KS)
Denise Darrell-Lambert (DDL)
Jayne Mason (JM)
Gill Hind (GH)

Castle Point patient representatives:

Anne-Marie Fordham (AMF)
Kirsty O'Callaghan (KO'C)
Kath Daly (KD)
Paul Saunders (PS)

Rayleigh & Rochford patient representatives:

HealthWatch:

Sam Glover (SG)



1. WELCOME AND INTRODUCTION

KS took the chair for the meeting.

2. Apologies

Apologies were received from: Lorraine Holdich, Celia Clark, Jackie Brown, Vicky Pilton, Michael Spoor, Joan Hayward-Surry and Emma Jennings

3. Notes of last meeting reviewed for accuracy

Notes were approved without amendment.

4. Matters arising

KS shared a moving story of a talented young doctor he worked with, who was found dead in her apartment after suffering from anorexia. KS wanted to share her story with the Group to highlight that mental health does not discriminate and can affect anyone

The Group then had a wider discussion on some of the issues surrounding mental health including: Loneliness, isolation, feeling stigmatised and afraid to speak up.

KMc said the CCG plays a key role in leading the mental health agenda and was lead commissioner for mental health services in the area. The Group agreed mental health needed greater prominence and priority and was often seen as the poor relation. KMc mentioned the national principle of Parity of Esteem, which suggests valuing and treating mental health equally and on a par with physical health.

KO'C suggested that mental health could be a regular agenda item for the Group and raised some pertinent points, examples and issues about the role of acute care in dealing with mental health. The Group discussed the need for a holistic approach to treating mental health by looking at the whole person, avoiding unnecessary admissions and re-admissions to acute care and reducing cost pressures on the NHS.

KO'C mentioned that we could adopt ideas or learn from Time to Change and SHiFT (A five-year initiative that sets out to combat stigma and discrimination against people with mental illness that is part of the National Institute for Mental Health in England). KO'C also noted that the national Choose Well campaign did not include mental health.

KMc suggested that we could focus one CRG meeting on mental health.

KS recommended this take place at the May meeting.



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Action: May meeting to focus on Mental Health

4.1 Chairmanship

GH read the names of the two candidates (KO'C and SG) who had put themselves forward for the role of Chair. GH explained the voting process and ballot papers were issued. KO'C and SG both abstained from voting. After those present and those who voted by telephone cast all the votes, GH and DDL counted and verified the votes. KO'C won the vote by 4 to 2.

KO'C accepted the position but asked the Group to approve her recommendation that SG share the role and act as co-Chair. The Group approved this recommendation and congratulated KO'C and SG on their joint role.

GH left the meeting early and KS reminded the Group that this was GH's last meeting because she had resigned from her position as Lay Member on the CCG Board. KS thanked GH for her commitment, support and hard work, which was appreciated by the CCG and CRG colleagues.

4.2 Financial Position

KMc gave an outline of the CCG's financial position. Although the CCG had a projected £2.7m overspend by the end of this financial year, it has been steadily coming down month-on-month. The latest figures, for month nine reported a projected overspend of £300,000 by the end of the financial year.

The CCG's overspend was mainly due to over activity in the acute trust. KMc reported that there were still financial challenges for the year ahead, but the CCG was now in a stronger position. There was also a general discussion about the Better Care Fund and how pooled budgets with local authorities would work. KMc said that the CCG would be committing about £11m out its £200m budget into the Better Care Fund.

Action: KMc to share updated financial information with the Group after they have been approved at the next Governing Body meeting.
KMc to do a presentation on the Better Care Fund at the next meeting

4.3 Update on strategic and operational plan

The CCG has produced early drafts of its two-year operational plan and five-year strategic plan. Both reports form part of an intense planning round for the CCG based on statutory obligations. The two-year operational plan was submitted on 14 February for review and the final version should be ready by 1 April. The plan covers 21 key areas, also called national fundamentals. This includes specific areas like elective care, seven-day access, specialised services, urgent and emergency care, improving health and financial resilience.



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KMc to share strategic and operational plans with the group once they have been finalised.

4.4 Communications update

Following on from last month's discussion DDL gave a brief update on plans to refresh and update the CCG website.

At the moment, the website serves a purpose to inform interested parties of upcoming meetings and events with timely health messages and a lever towards the CCG Twitter feed.

A website redesign could allow for a simpler, more easily navigable site with a front page that directs visitors towards finding the information they require around broad areas such as: "engagement", "transparency" and "campaigns". Members agreed with the overall approach suggested and felt that the front page should focus on current or rolling local news, health campaigns and community based initiatives.

Action: CSU comms to take this forward and plan next steps

Young Members

DDL advised the Group that Patrick John (CCG comms lead) met with Vicky Pilton to discuss the Young Members survey. PJ had also made contact with Essex County Council's public health team who have expressed an interest in getting involved. Early discussions also seem to suggest there could be scope for distributing the survey through local schools and this is being explored.

KO'C asked about the age range of the survey and there was a general discussion around ensuring the survey was targeted at an appropriate age group. DDL raised the question (originally posed by ECC) around the governance process if a response from a young person revealed sensitive information. KO'C advised that one way to track back responses without being too intrusive would be to ask recipients to fill in their postcode on the survey.

Action: CSU comms to set up a meeting with ECC Public Health Comms, CCG Comms, Young Members and the Healthy Schools Partnership to discuss any content changes/dissemination routes through schools – possibly through ECC channels. CSU comms to explore ways to put a governance process in place.

Commissioning Support Training

DDL asked members whether they would prefer one, two or three days Commissioning Support training. Members agreed that a one day training course would be sufficient as they wanted enough information to help them make informed choices about commissioning decisions but did not want to become 'experts'. Both procurement and decommissioning were mentioned as areas that the Group would like training on.



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KO'C suggested that economies of scale and cost savings could be achieved if others CCGs wanted to join the commissioning support training as well.

Action: CSU comms to approach Thurrock, Basildon and Brentwood and Southend CCGs to gauge interest.

5. Standing agenda items

5.1 Young Members update

Covered in previous item.

5.2 Round Robin

AMF reported that the Befriending Group in Rochford is picking up. There is good awareness and Family Mosaic will continue its funding.

KS thanked the Group for giving him the opportunity to Chair and said how much he enjoyed it.

KO'C said that she was very proud of the Group and that the work of the CRG had been selected by NAVCO as best practice and would be put into a report.

K'OC mentioned that CAVS was working with Silverline (a free confidential helpline providing information, friendship and advice to older people) to create the first hub.

K'OC gave her apologies for the next meeting.

Date and venue for next meeting – 8 April 2014 at 6pm, Audley Mills

