

The Essex Transforming Care Plan

Easy Read version

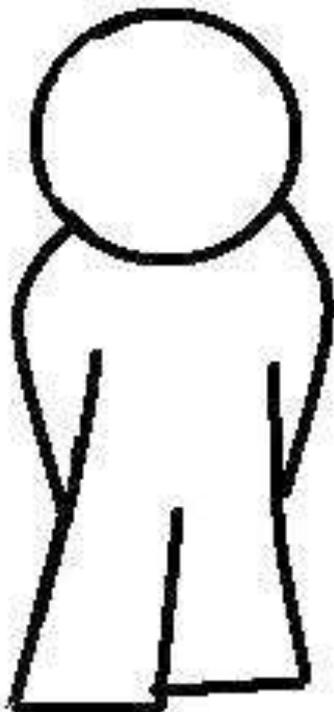
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Transforming Care is about improving care for children, young people and adults with learning disabilities, autism, or mental health problems.

It is there to keep people safe and help them to lead healthy, happy and independent lives.



We want to help people with behaviour that challenges and who may be at risk of hurting themselves or others.

We also want to help keep people out of specialist hospitals and to help them choose the right support and services in their local community.

Sometimes people go to a specialist hospital if they are in danger of hurting themselves or other people and they can't get the right support or treatment at home. A specialist hospital is like a small hospital.

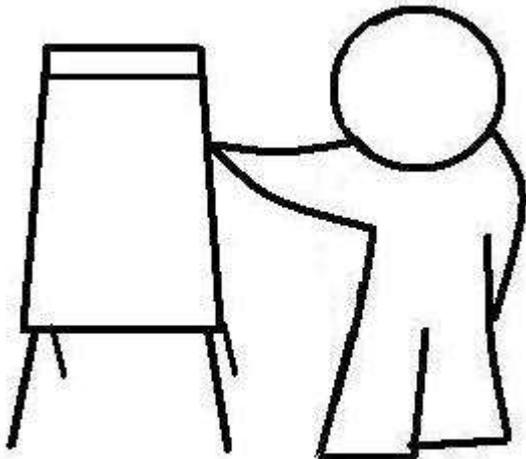
Why are things changing?



In 2011, there was a TV programme that showed how some people with learning disabilities were being abused.

In 2015 a report called 'Building the Right Support' was written.

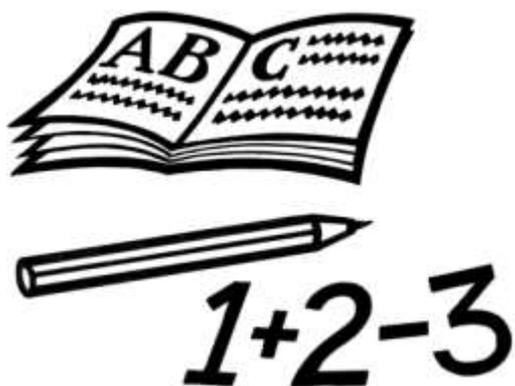
It said that health and social care services should come together to offer better support for people with learning disabilities and/or autism.



It also said that people and their families should be involved in producing and checking their personal support plans.

As a result of this report, some changes have been made to services for people with a learning disability.

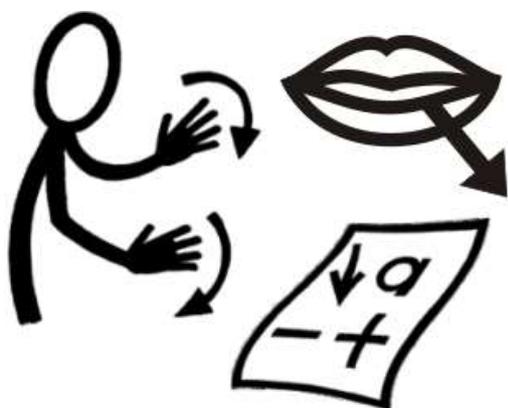
What is happening in Essex?



To make sure the changes happen, Essex has a Transforming Care Plan.



10 local organisations came together to write this plan and make sure it happens. These include councils and parts of the NHS.



They are also working with other organisations and services in Essex, as well as families and carers.



The Essex Transforming Care Plan states that we will;

- change services for people who have behaviour that challenges.
- improve the quality of their care, and their quality of life.
- make services better so fewer people have to go to a specialist hospital.



We will also improve services so people can stay at home.

If they do have to go to a specialist hospital, we want staff to work together to make sure they only have to stay there for a short time.



We will make sure our services are 'person centred' so people have more choice and control.

What is going to change?



This means service users and their families will be at the heart of the services we provide, and will have more say on how money for their care is spent.

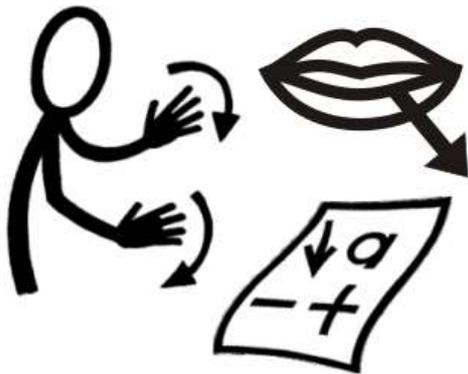


We are doing this because we want all service users to live a healthy, independent and fulfilling life.

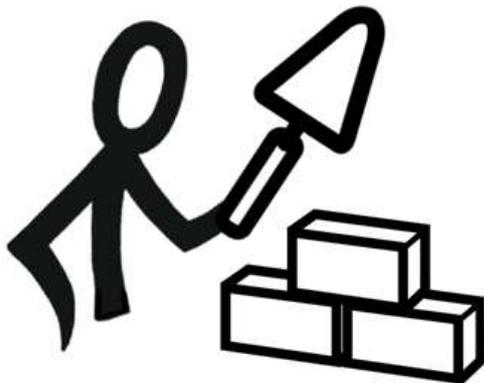


We will make sure there are more services to support people in the community and keep them out of hospital.

This also means we will make sure different teams work together more closely.



We will make it easier for people to use all health and care services.

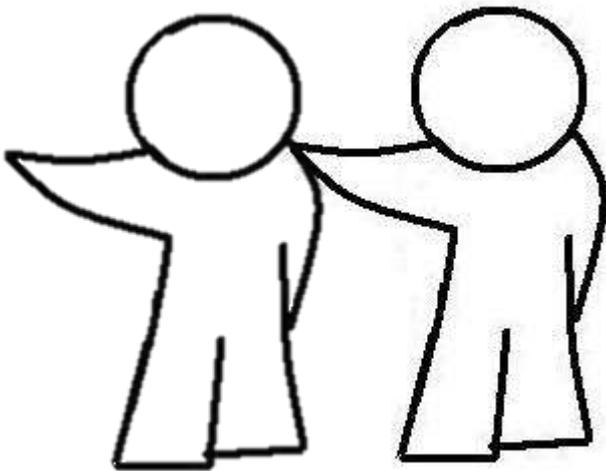


We will make sure people with a learning disability feel more involved with society, are able to contribute and feel valued.

How will this be done?

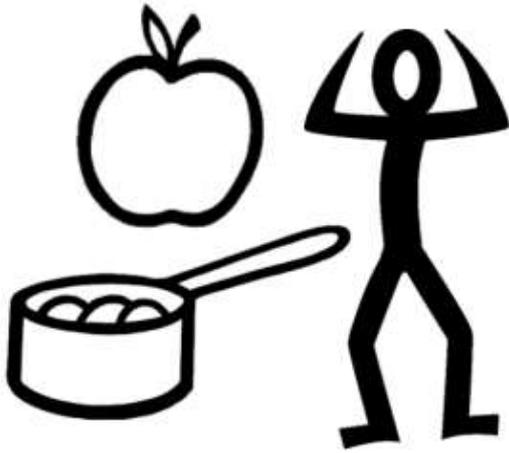


Some of this means we will need to make sure people feel in control and are getting the help and support they actually need.



But we will also need to teach professionals working in different health and social care teams to work together much more than they do at the moment.

How will we know if we have been successful?



There will be fewer people in special hospital – we want to reduce this from 73 at the moment to 46 by the end of the three year programme.



More people will be involved in designing their own support plan



We will have fewer people having to travel outside of Essex for education or hospital support



There will be fewer people with autism and/or a learning disability who get into trouble with the police



We will have more people using a personal health budget.