

LIVING WITH CANCER AND BEYOND: TRAINING OPPORTUNITY FOR PRACTICE NURSES

2018

This course will give practice nurses the confidence and the skills to provide excellent care for your cancer patients.

Today 50% of cancer patients are surviving cancer for at least 5 years. Because of this success story, cancer is in many cases becoming a chronic illness. For a full-time GP, the number of cancer survivors on a list will increase from 70 to more than 140 by 2040. *This is equivalent to the number of diabetics we have on our lists!*

Consultation rates for these patients remain higher for up to 10 years and often they have multiple unmet needs. Practice nurses are already skilled in providing care in other chronic illnesses. With training, they can take a similar role in cancer care, greatly reducing GP workload and improving patient care.

The main aims of the course are to:

- Enhance the knowledge, skills, attitudes and confidence of Practice Nurses to take a more active role in managing cancer as a long term condition.
- Enable practical application of learning by Practice Nurses in their place of work.
- Be seen as a resource for cancer by colleagues in their practice and act as a catalyst for the practice to provide better support to people living with and beyond cancer, as well as those affected by cancer.

National evaluation that took place across Macmillan shows evidence of the positive impact the course has had:

- 56% of respondents have seen formal changes to their role or expect to do so in the future, including running cancer care review clinics and undertaking holistic needs assessments.
- Over 80% of respondents were more confident in supporting people managing cancer as a long term condition, answering people's questions about cancer, dealing with patient's strong emotions or distress and referring patients to other clinical services and non-clinical services for support and information.

2018 Course (see overleaf for details)

- Chelmsford based: 2 shorter study days
- Course includes hospital visits.

CHELMSFORD course

Pre Course Study

On line Module

Looking at current practice; Screening and Cancer Care Reviews

7th February

Cancer as a long term condition.

Study Day

Consequences of cancer and treatment.

Extended morning

How to help.

Whitley House Surgery

Chelmsford

Flexible- arranged by participant

**Visit to local oncology unit and/or
Shadowing opportunity with local Clinical
Nurse Specialist**

Case Study

7th March Study Day

Role of the Practice Nurse.

Morning and Lunch

Spotting problems.

Whitley House Surgery

Cancer Care Reviews

Chelmsford

To register interest in the **CHELMSFORD course** please contact the Essex Macmillan GPs via jdavey1@nhs.net

There is a retainer of £120 payable but this will be fully refunded on completion of the training.

Feedback from the Practice Nurse Course 2017.

"The course was fantastic, very informative and so useful for me in practice".

"Thank you the course was excellent and one I got most value from".